



An Dún

# CUMANN LÚTHCHLEAS GAEL SEAMRÓGA AN IÚIR



Deireadh Fómhair 2018

A Chairde,

Seamróga an Iúir is delighted to announce details of its New Winter Training Programme for girls. The programme will run for ten weeks, beginning on Sunday 2nd November 2018. The cost of the programme is £10 per child, (payable as a one off fee on the first night of registration.) The programme is open to any child who is currently in Primary three or seven.

This year the programme will be based in the Abbey Grammar School INDOOR Sports' Hall. The sessions will begin at 11.30am and finish at 12.30am. Parents are asked to bring their child to the Sports Hall with all of the registration details overleaf filled in. Parents mobile numbers will then be added to a 'What'sApp' group that will post any changes in arrangements that take place from time to time.

This is the sixth year of this Programme and it is hugely popular because it builds on the work being undertaken in Primary Schools with the Ulster GAA scheme. Due to the popularity of the scheme, we are now in a position to offer a separate one hour slot for girls. This group will learn the basics of Gaelic football from our three LGFA trained coaches.

The feedback about the programme over the years has been fantastic and we are certain that your child will enjoy playing for their local club.

Registration can take place from Sunday 2<sup>nd</sup> Nov, or before any of the sessions. A registration form must be completed for EVERY GIRL on the programme, even if they have been involved in the summer coaching at Newry Shamrocks or previous programmes.

If you need any additional information contact, Seán Gallagher ([sgallagher935@c2kni.net](mailto:sgallagher935@c2kni.net)). We look forward to welcoming your child to the Winter Programme for what we promise to be a fun-filled and enjoyable introduction to Gaelic Games,

Is Mise,

Seán Gallagher.

(Winter Programme Co-ordinator.)