

Teen Programmes

Programme: **Strengthening Families**

Attendees: Parents, Carers & Young people
Age range: 12-16 years
Start date: 18 September 2019
Duration: 14 Weeks
Times: 6pm—8pm
Location: Newry
Facilitators: Ascirt
Referrals/Enquiries:
t: 0800 2545 123 m: 07549528220
Additional information: Childcare transport and evening meal provided.

Programme: **Odyssey Parenting your teen**

Attendees: Parents and Carers
Age range: Teenagers
Start date: 3 October 2019
Duration: 8 Weeks
Time: 7pm—9pm
Location: Dungannon

Programme: **Odyssey Parenting your teen**

Start date: 29 January 2020
Duration: 8 Weeks
Time: 7pm—9pm
Location: Portadown

Facilitators: Parenting NI
Referrals/Enquiries: 080 880 10722 (Freephone)

Programme: **Walking on Eggshells**

Non Violent Resistance Programme

Attendees: Mums only
Start date: 1 October 2019
Duration:/Time: 8 Weeks
Time: 10am-12pm
Location: Armagh
Referrals/Enquiries: 080 880 10722 (Freephone)

Additional Contacts/Information:

Lorraine O'Neill

Parenting Partnership Manager

CASS Centre

Lough Road

Lurgan

t: 028 38 310920 / 07880474747

e: Lorraine.ONeill2@eani.org.uk

Martina McCooey

Child Development Interventions Co-ordinator

Southern Health and Social Care Trust

Promoting Wellbeing Division

t: 028 3756 4462 / 07795 450278

e: martina.mccooey@southerntrust.hscni.net

Please visit our webpage
www.cypsp.org/ebpp
for further information



Evidence Based PARENTING SUPPORT PROGRAMME DELIVERY

*Giving every child
the best start / opportunity
in life.*



2019/ 2020

Southern Trust Programmes 2019/20

Programme	Type/Age range	Start Date	Duration/ Time	Location	Referrals/Enquires	Additional info
EARLY YEARS Mellow Mums (Parents/Carers & Children)	0-4 years	8 October 2019	14 weeks 10am—2pm	Armagh / Dungannon	e: mellow.parenting@southerntrust.hscni.net t: 028 37 564489 Maureen McSorley	Parents & children to attend. Lunch provided. Transport available
	0-4 years	6 November 2019	14 weeks 10am—2pm	Craigavon	e: mellow.parenting@southerntrust.hscni.net t: 028 37 564489 Maureen McSorley	Parents & children to attend. Lunch provided. Transport available
	0-4 years	4 February 2020	14 weeks 10am—2pm	Newry	e: mellow.parenting@southerntrust.hscni.net t: 028 37 564489 Maureen McSorley	Parents & children to attend. Lunch provided. Transport available
INCREDIBLE YEARS (Parents /carers)	Toddler 1-2 years	19 September 2019	12 weeks 10am—12pm	Banbridge Sure Start	Sure Start Banbridge 028 406 22475 Parenting Partnership t: 028 38310920 m: 078800474747 e: Lorraine.oneill2@eani.org.uk	Open to families in and outside Sure Start area. Childcare available
EARLY YEARS/ School Age Incredible Years ADHD Programme (Parents/Carers)	3-7 years	19 September 2019	20 weeks	Newry	e: Eileen.costellorawat@cllp.ie e: Christina.ryan@cllp.ie t: 00353 42 9502220	Parents must attend information session. Screening for referrals will also take place
	3-7 years	February 2020	20 weeks	Armagh	As above	As above
SCHOOL AGE Incredible Years (Parents/Carers)	School age 5-12 years	8 October 2019	12 weeks 10am—12pm	Newry Teachers Centre	Referral / Enquiries: Parenting Partnership t: 028 38 310920 m: 078804 74747 e: Lorraine.oneill2@eani.org.uk	Childcare available
	School age 5-12	October 2019	12 weeks 10am—12 pm	Portadown	As above for Parenting Partnership or NIACRO t: 028 38 331168	Childcare and transport available
	School age 5-12	January 2020	12 weeks 10am—12pm	Portadown	NIACRO t: 028 38 331168 or Home Start t: 028 30266139	Childcare and transport available
	School age 5-12	10 March 2020	12 weeks 10am—12pm	Dungannon Teachers Centre	Parenting Partnership-see above	Childcare available
	School age 5-12	11 March 2020	12 weeks 10am—12pm	Lough Road Learning Centre, Lurgan	Parenting Partnership-see above	Childcare available