WHAT IS BULLYING?

In
St Clare's Abbey
we say...

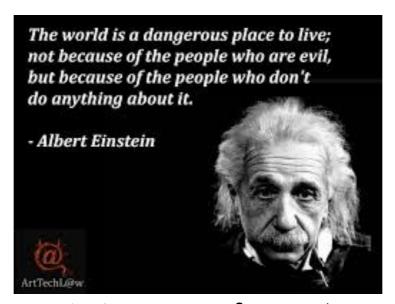
A BULLY SAYS OR DOES
THINGS TO YOU THAT ARE
NOT NICE

A BULLY DOES IT AGAIN
AND AGAIN

A BULLY DOES THESE
THINGS DELIBERATELY

A BULLY MAKES YOU FEEL WEAK, LONELY AND SCARED.

THAT IS OUR DEFINI-TION OF A BULLY.



End violence, refuse to be silent!



St Clare's Abbey Primary school



Our Anti - Bullying Policy

HAVE YOU BEEN A BYSTANDER.

WELL WE CAN HELP YOU! READ THIS FOR OUR TOP TIPS!

Advice for the bystander

Knowing what's right isn't much use unless you <u>do</u> what is right.

WHENEVER
ONE PERSON
STANDS UP AND SAYS,
"WAIT A MINUTE,
THIS IS WRONG,"
IT HELPS OTHER
PEOPLE TO DO THE
SAME.

1. Think about what you are seeing—ask yourself "Is this right?"



2.Confront the bully: Stand up and say that you will not take part, you'll be surprised how they'll act if they are not supported.



stand there and watch it's almost as bad as bullying, tell anyone else watching you are uncomfortable and ask them to stand up with you...how would you feel being bullied?



4. If the bully threatens you not to tell, don't listen. You could save many from being hurt. Tell an adult, someone you trust that you know can help.

